



Hobartville Happenings

The fortnightly Newsletter @ Hobartville Public School

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Safe
Responsible
Respectful
Learners



Success with
Honour

Week 6 Term 1 2015

Meet the Teacher

Thank you to everyone who came to the meet the teacher information afternoon and supported the P&C school disco.

It was a great afternoon, with so many community members in the school, taking an active role in their child's learning.

District Swimming Carnival

Congratulations to all the wonderful Hobartville competitors at the District Swimming Carnival last Friday. You all swam well and were very supportive of each other.

Thanks to

Mrs Taylor for staying with, and supporting the Hobartville team.



School Photos

The school photos will be taken next Monday, 9th March. These will be class, individual and sibling photos. Please don't lose these envelopes as they have individualised information on them. Payment is due by Friday 20th March.

Book Covering

Thanks to all the wonderful parents who have covered some of our new readers. There are still hundreds left to cover. If you are able to take some home, please see Mrs Nott.

District Basketball and Cricket

Congratulations to Marlee, Riley, Josh, Jed and Cailan who have made the Hawkesbury District Basketball Team. They will not only be representing Hobartville, but also the Hawkesbury District next Wednesday. Best of luck to all of them.

Congratulations to Brock who will be representing the Hawkesbury District at the Regional Cricket Trials.

Please keep up to date with events and happenings via the School website or Facebook.

Lisa Crawford-Principal

» Dates To Remember «	
9 Mar	Photo Day
17 Mar	AFL Gala Day
20 Mar	Harmony Day
27 Mar	Election BBQ Saturday
2 April	Easter Hat Parade K-2
2 April	Last Day of Term
21 April	First day of Term 2

Library News

All classes have now commenced borrowing on their Library day which will be displayed in each classroom. Please find a class timetable of borrowing days below.

Monday : S1F, S1R, S1T, S2B

Tuesday : KC, S1W, S3B, KD

Wednesday : S2D, S2G, S2K

Thursday : KT, S1S, S1B, KF

Friday : S2S, S2H, S3M, S3S, S3C, S3A

The students are encouraged to bring a library bag on their library day so that they can borrow a book/s to take home and return the following week.

The library is open daily at lunchtime for borrowing, reading and other activities.

Regards,

Mrs Sally Kirk

(Teacher Librarian)

School Banking News

Wow, what a great start to this year with school banking. Last week we had 42 bankers!

Remember you only need as little as 5c to start banking. Simply go to your local branch to open up an account. It's a great way to encourage children and teach them how to manage money... It's never too early to start.

If you get a chance have a look at the rewards on offer this year in the community notice board near the canteen.

Tuesday is Banking day at Hobartville Public School.

Canteen News

Volunteers are needed mainly for Mondays and Wednesdays. Your duties are: serving the children, stocking shelves and minimal food handling. 8.30 am– 2.30pm times are flexible. Morning tea and lunch provided. Please see me in the Canteen or leave your name and number at the office if you are able to give a hand.

Cathy

Canteen Roster – Week 5		
Week 7		
9-3-15	Mon	Ashley Gibbs
10-3-15	Tues	Canteen Closed
11-3-15	Wed	Kelly Gardiner
12-3-15	Thurs	Canteen Closed
13-3-15	Fri	Sam De Araugo, Donna Mathie
Week 8		
16-3-15	Mon	Help Needed
17-3-15	Tues	Canteen Closed
18-3-15	Wed	Help Needed
19-3-14	Thurs	Canteen Closed
20-3-15	Fri	Janelle Keys, Help Needed
Week 9		
23-3-15	Mon	Help Needed
24-3-15	Tues	Canteen Closed
25-3-15	Wed	Bronwyn Thuaux
26-3-15	Thurs	Canteen Closed
27-3-15	Fri	Sarah Davy, Donna Mathie

Hobartville Public School reserves the right to be selective with its acceptance of advertising. The presence of advertising does not mean the school endorses the subject or product.

P&C News:

Thank you to everyone who supported the Disco! It was a very successful fundraiser and we are proud to advise that all money raised will be donated to Justin (School Chaplin) and the wonderful work he does at Breakfast Club and within our school.

Attached to the last newsletter was a calendar of P&C events for Term 1 & 2. We have decided to include this at the beginning of each term and a larger copy is available for viewing in the P&C Noticeboard (near the canteen entrance) to keep everyone in the loop.

Easter Raffle:

Even though it seems we've only just survived Christmas, Easter is around the corner. Shortly you will receive a note home with raffle tickets attached with details on the annual Easter Raffle. As with previous years we are asking each family to donate some Easter goodies and a box will be available for these donations in the Front Office at the start of next week.

Clothing Pool:

The clothing pool will now be open the 1st and 3rd Tuesdays of the month from 8:45am-9:15am. We have a range of secondhand school uniform items available for purchase but we do rely solely on donations. If you have any summer or winter uniforms you can donate please do not hesitate to contact the P&C via our facebook page (Hobartville Public School P&C Association) or the P&C box in the Office.

Election BBQ:

We will be hosting a BBQ at the school at the upcoming election on Saturday 28th March and we're looking for volunteers to assist. The more people we have the less work it is for any one person so come along and lend a hand for an hour or so!

We hope everyone is settling in to the new school year! The next P&C Meeting will be held in the school staffroom on Wednesday 18th March at 6:30pm, all welcome!

Your P&C @ Hobartville Public School



THE COOLKIDS & ADOLESCENT HEALTH PROGRAM

Information and Consent Form

About the Emotional Health Clinic

The Emotional Health Clinic (EHC) is a specialist research clinic aimed at furthering our understanding of child and adult emotional disorders and improving our methods of treatment. The Clinic is part of the Centre for Emotional Health, at Macquarie University. Families who seek help at the EHC will receive state of the art assessment and treatment based on research that has been conducted by our team over the past 20 years. The Centre for Emotional Health is a world leader in research in child and adolescent emotional health, has won numerous international awards for its treatment programs and is considered an international centre of expertise in the assessment and treatment of child and adolescent anxiety. Assessment and treatment services at the EHC are provided by a range of qualified personnel. We also function as a training clinic for psychologists who are completing postgraduate clinical psychology degrees. *All staff at the EHC also complete specialised training in child and adolescent anxiety and receive supervision from senior clinical psychologists who have expertise in this area.*

What is the purpose of the current treatment study for children and adolescents?

Some children and adolescents suffer from recurring physical (somatic) symptoms which can be quite distressing, although no organic cause has been identified. The most common somatic-health complaints experienced by children include recurring abdominal (stomach) pain, gastrointestinal symptoms, recurring headaches, dizziness, chest pain and nausea. The purpose of this study is to evaluate a psychological therapy program for children and adolescents aged between 7 to 17 years who have been experiencing recurring somatic-health complaints for at least 3-months and who are also experiencing some anxiety or depression.

Who is the CoolKids and Adolescent Health Program Study designed for?

For your child to be offered a place in the CoolKids and Adolescent Health Program he or she must meet a list of criteria, including:

- Children must be at least 7 years old and in grades 1 through 12.
- Your child has reported experiencing repeated somatic-health complaints (e.g., recurring headaches, stomach-aches, chest pain) for at least 3-months and the doctor has not identified any organic cause.
- The somatic complaints are significantly affecting your child's day-to-day life.
- Your child is experiencing some anxiety and/or depression.
- Your child must not be receiving other psychological treatment.
- We suggest that children on medication should be on a stable dosage before starting treatment (and we advise to keep this stable during treatment).

Centre for Emotional Health
CoolKids and Adolescent Health Program - Chief Investigator: Assoc. Professor Maria Kangas
Email: maria.kangas@mq.edu.au (Phone (02) 98508599).



About 40% of children and adolescents may experience functional somatic health complaints, which are medically benign (that is, they have no identified organic cause). The most common somatic-health complaints experienced by children and adolescents include *recurring abdominal pain, gastro-intestinal symptoms, recurring headaches, chest pains, dizziness and nausea*. Research has shown that these children are prone to have increased rates of school absenteeism, and this may also have an impact on their learning, peer relations and overall quality of life. Studies have also indicated that up to 80% of children and adolescents struggling to cope with these recurring functional somatic health complaints may also be experiencing anxiety and/or depressive problems.

Our new, CoolKids and Adolescent Health Program is designed to specifically help children learn how to concurrently cope and manage their somatic symptoms as well as learn stress management skills. This program is specifically designed for children aged 7 to 17 years who are experiencing recurring somatic health complaints for at least 3 months (and which a GP or medical specialist has confirmed that the symptoms are medically benign). The program is individually based and involves 10 x 1 hour weekly therapy sessions held at the Emotional Health Clinic at Macquarie University. Interested families will be invited to attend a screening assessment to determine eligibility.

Organisation: Centre for Emotional Health, Macquarie University.

Researchers: Associate Professor Maria Kangas, Prof Ron Rapee, & Prof Mike Jones.

Who is eligible? Children and adolescents aged 7-17 years who are experiencing recurring somatic health complaints for a minimum of 3-months.

Contact: For more information, please contact Assoc. Professor Kangas (email: maria.kangas@mq.edu.au) or telephone (02) 9850 4082.



2015 International Competitions and Assessments for Schools (ICAS)

Dear Parent,

The University of New South Wales is offering your child an opportunity to participate in the **International Competitions and Assessments for Schools (ICAS)**.

ICAS assessments have taken place annually in schools for over thirty years and in twenty countries. Educational Assessment Australia (EAA), who design and deliver the assessments, is the not-for-profit arm of the University of New South Wales.

ICAS:

- is an annual skills development assessment program in key areas of learning for students in Years 2–12; assessments are available in Digital Technologies, English, Mathematics, Science, Spelling and Writing
- gathers performance information through a 30–60 minute supervised in-school test
- provides a continuous, independent and comprehensive record of a student's performance, and maps their development over the full period of primary and secondary schooling
- enables the progress of each student to be mapped in each skill against their previous performance, demonstrating personal improvement no matter the starting point
- uses fellow students' results as a reference point; results are mapped against all students sitting at the same year level in Australia
- provides an excellent preparation for national testing
- enables students at all levels of ability to participate; ICAS contains questions designed to specifically explore the abilities of students of all standards – this includes those of both lower and higher levels of achievement
- medals are awarded to the top students per state in each subject and year level (when sufficiently meritorious and the test was sat on the official sitting date)
- achievement certificates are awarded to all students at a range of levels:
 1. **High Distinction** to the top 1% of students
 2. **Distinction** to the next 10% of students
 3. **Credit** to the next 25% of students
 4. **Merit** to the next 10% of students
 5. **Participation** to all other students
- results are available to parents and students online; these online reports and analyses remain available indefinitely. ICAS reports indicate which questions were answered correctly, compare student performance to that of the other students tested and are highly suitable for inclusion in a student's portfolio for future tertiary entrance or job opportunities
- entries are administered through the school, so teachers can also access the information

To enrol your child in ICAS, please complete the registration form overleaf and return it, with your entry fees, to your school by **Thursday, 2 April 2015**

For more information about ICAS go to www.eaa.unsw.edu.au, contact Customer Service on (02) 8344 1010 or send an email to info@eaa.unsw.edu.au

Your child can also prepare for ICAS using Practice Online. Practice Online tests are available for English, Mathematics and Science. Find out more about Practice Online at www.eaa.unsw.edu.au/practice-online

Yours sincerely

Dr Sofia Kesidou
Group Executive
Educational Assessment Australia

Lisa Crawford
Principal
Hobartville Public School



2015 International Competitions and Assessments for Schools (ICAS)

Registration Form

Please return this form to your child's school

I give permission for my child

of

Child's name

Class

to participate in the following 2015 International Competitions and Assessments for Schools (ICAS):

Please select the subjects you would like your child to enter:

Subject/Paper	School	Official Sitting Date	Entry Fee	Fee Enclosed
Digital Technologies*	3–10	19 May 2015	\$8.00	
Science	2–12	3 June 2015	\$8.00	
Writing	3–12	15–19 June 2015**	\$17.00	
Spelling	3–7	16 June 2015	\$11.00	
English	2–12	28 July 2015	\$8.00	
Mathematics	2–12	11 August 2015	\$8.00	
			TOTAL	

Students should sit on the official sitting date for each subject to be eligible for UNSW medals. However, your school may choose to sit at another



THE HILLS SPORTS HIGH SCHOOL OPEN AFTERNOON **WEDNESDAY 11TH MARCH 2015, 3.30pm-6pm**

2015 Year 6 students and their parents are invited to attend The Hills Sports High School Open afternoon, come along and meet staff, explore what learning opportunities are available, visit our specialist rooms and Science Laboratories for practical lessons.

Tours of the school will occur every half hour until 6pm.

Talented Sports Program

There will be an Information session hosted by the Director of Sports at 5pm in the library for interested students & parents



TALENTED SPORTS PROGRAM OPEN NIGHT

An information evening will be conducted for students and parents interested in the Talented Sports Program for 2016 on Monday 4th May, 2015 at 6.30pm. Sports on offer are AFL, Athletics, Baseball, Cheerleading, Cricket, Golf, Netball, Rugby League, Rugby Union, Rugby "7's" (Girls), Soccer, Softball, Swimming, Touch Football, and Water Polo.

Sport and Fitness Trials will be held in May/June 2015,
Talented Sports applications close Monday 9th May 2015.

**ENJOY A REFRESHMENT AS YOU TOUR
THE SCHOOL, PROVIDED BY OUR
SENIOR HOSPITALITY STUDENTS**



PRICES	
COFFEE	
SMALL -	\$2.50
LARGE -	\$3.00
MILKSHAKES -	\$3.50



Nepean Creative and Performing Arts High School

Care
Opportunity
Success



Open Night

Tuesday

17 March 2015

5 p.m. - 7 p.m.

student performances school tours open classrooms displays



NSW
GOVERNMENT
Education &
Communities
Public Schools NSW

115-119 Great Western Highway Emu Plains 2750
www.nepean-h.schools.nsw.edu.au
Email: nepean-h.school@det.nsw.edu.au
Phone: 4728 7200
Fax: 4735 6141

Come and Try Girl Guides



Laughter, learning, friendship and fun...
come along to find out
what Guiding is all about!



Pre Junior Guide Unit
(for girls aged 5-6)
Monday, 23rd March
4.00-5.00pm

Richmond Guide Hall
44 Bourke Street Richmond

Please Contact Rosella
Ph: 0408 613 806

Email: richmondgirlguides@hotmail.com



www.girlguides-nswact.org.au

07/12/14