**WALK SAFELY TO SCHOOL DAY**

**When:** Friday 10 May 2024.

**What**: Walk Safely to School Day asks that we all consider our transport habits and try to incorporate more walking as part of a healthy, active way to get around. Although walking all the way to school isn’t realistic for many of us, it’s quite easy to figure out how you can build a walk into your family’s daily routine.

**Why:** This national initiative aims to encourage children to lead a healthier, more active lifestyle by simply including a walk at the beginning, at lunchtime and at the end of each day. The event also promotes reduced car-dependency, greater use of public transport, cleaner air, improved diets and road safety to primary school children throughout Australia.

**How you can participate:**

* Walking with your children the whole way to school.
* If your children get the bus or train, walk past your usual stop and get on at the next stop.
* If you must drive, park the car a few blocks away from the school and walk the rest of the way.

For more information please visit: <https://www.walk.com.au/WSTSD/>